

# HALEWOOD 5K RESULTS

01 August 2015

POS	SURNAME	FIRST NAME	CAT	SEX POS		CLUB	TIME	PB DETAIL	CAT POS	NO RUNS	5+ 10+ 20+			(BY GENDER)	
				M	F						WINS	TOP 3			
1	Dejine	Gezimu	m	1		Liverpool Harriers	00:16:06	FIRST TIME	1	1				1	1
2	Ashton	Alan	v45	2		Liverpool Harriers	00:16:28	PB STAYS AT 00:16:22	1	7	!!!			1	2
3	Grundy	Joe	m	3		Liverpool Harriers	00:16:36 !!!	NEW PB 00:16:36	2	9	!!!			0	2
4	Atkins	Jack	m	4		Liverpool Harriers	00:16:41	PB STAYS AT 00:16:33	3	11		!!!		0	4
5	Grant	Callum	u20	5		Liverpool Harriers	00:16:44	PB STAYS AT 00:15:59	1	5	!!!			0	2
6	Green	peter	v35	6		Knowsley Harriers AC	00:16:46	PB STAYS AT 00:16:28	1	10		!!!		1	3
7	Jockins	Luke	m	7		Liverpool Harriers	00:16:52	FIRST TIME	4	1					
8	Whiston	Ryan	m	8		Liverpool Harriers	00:16:59	FIRST TIME	5	1					
9	Morgan	Dan	m	9			00:17:02 !!!	NEW PB 00:17:02	6	16		!!!		0	1
10	McQue	Andy	v35	10		Liverpool harriers	00:17:10 !!!	NEW PB 00:17:10	2	2				0	1
11	Bond	Matt	m	11		Liverpool Harriers	00:17:13	PB STAYS AT 00:16:47	7	2					
12	Mcbride	Gavin	m	12		Liverpool Harriers	00:17:19	FIRST TIME	8	1					
13	Crawford	Ashley	m	13			00:17:22	PB STAYS AT 00:17:06	9	27			!!!	1	3
14	Connolly	john	v40	14		Penny Lane Striders	00:17:39	PB STAYS AT 00:17:22	1	9	!!!			0	2
15	Wilcox	Anthony	v50	15		Liverpool Harriers	00:17:46	PB STAYS AT 00:17:33	1	3				0	1
16	Mitchell	Terry	m	16		Knowsley Harriers AC	00:17:55 !!!	NEW PB 00:17:55	10	3					
17	Marshall	Chris	v45	17		City of Chester Tri	00:18:15	PB STAYS AT 00:17:50	2	22			!!!	0	2
18	Jones	Jordan	u13	18		Warrington AC	00:18:18	PB STAYS AT 00:18:10	1	5	!!!				
19	Easthope	Lyndon	v35	19		Penny Lane Striders	00:18:36	PB STAYS AT 00:18:04	3	6	!!!				
20	Eccles	Lawrence	m	20		Penny Lane Striders	00:18:41	PB STAYS AT 00:17:37	11	22			!!!		
21	hughes	Roy	v35	21		Mossley Hill	00:18:47 !!!	NEW PB 00:18:47	4	2					
22	Demore	Paul	v45	22		St Helens Striders	00:18:51	PB STAYS AT 00:18:12	3	31			!!!		
23	Clare	Gary	v45	23		St Helens Striders	00:18:56 !!!	NEW PB 00:18:56	4	5	!!!				
24	Clarke	Jay	m	24		Penny Lane Striders	00:18:58	PB STAYS AT 00:17:24	12	6	!!!				
25	Jones	Shaun	u13	25		Crewe & Nantwich	00:19:03	FIRST TIME	2	1					
26	Cantwell	Andy	v35	26		Penny Lane Striders	00:19:19 !!!	NEW PB 00:19:19	5	5	!!!				

27	Fitzpatrick	Ian	v50	27		Southport Waterloo	00:19:21	FIRST TIME	2	1						
28	Littlefield	Marc	v35	28		Penny Lane Striders	00:19:22	FIRST TIME	6	1						
29	Armitage	Helen	fv40		1	Sale harriers	00:19:55	FIRST TIME	1	1					1	1
30	Joyce	Alan	v60	29		Southport Waterloo	00:20:09	PB STAYS AT 00:19:34	1	14		!!!				
31	Jones	William	v45	30		Knowsley Harriers AC	00:20:15	PB STAYS AT 00:18:58	5	14		!!!				
32	Wood	Robbie	v55	31		Liverpool Pembroke Sefton	00:20:16	PB STAYS AT 00:19:28	1	38			!!!		0	2
33	Muller	Anest	f		2	West Cheshire AC	00:20:17	FIRST TIME	1	1					0	1
34	Hirrell	Marty	v45	32		Penny Lane Striders	00:20:20	PB STAYS AT 00:19:32	6	26			!!!		0	1
35	Williams	Ian	v45	33		Mossley Hill	00:20:31	FIRST TIME	7	1						
36	Monaghan	Kevin	v45	34		St Helens Striders	00:20:36	PB STAYS AT 00:19:17	8	6	!!!					
37	Lland	Kathryn	f		3	Liverpool Harriers	00:20:36 !!!	NEW PB 00:20:36	2	2					0	1
38	Bampton	John	v40	35		Penny Lane Striders	00:20:39	PB STAYS AT 00:20:30	2	2						
39	Madders	dave	v40	36		HELSEBY	00:20:39	PB STAYS AT 00:20:08	3	12		!!!				
40	Bowden	Stephen	v55	37		Warrington Road Runners	00:20:43	PB STAYS AT 00:20:40	2	3						
41	Lacking	Joanne	fv35		4	HELSEBY	00:20:44	PB STAYS AT 00:20:39	1	4					1	1
42	Kelly	John	v50	38		Penny Lane Striders	00:20:48 !!!	NEW PB 00:20:48	3	18		!!!				
43	Roberts	Anne	f		5	Mossley Hill	00:21:08	PB STAYS AT 00:20:53	3	2					0	1
44	Crosby	Lisa	fv40		6	Mossley Hill	00:21:20 !!!	NEW PB 00:21:20	2	4					1	1
45	Yu	Carl	v40	39		Liverpool Running Club	00:21:23	FIRST TIME	4	1						
46	Meadows	Rik	v45	40			00:21:27	PB STAYS AT 00:21:24	9	2						
47	Brown	Kevin	v40	41		Knowsley Harriers AC	00:21:35	PB STAYS AT 00:18:47	5	10		!!!			0	1
48	Clark	Andrew	m	42			00:21:46	PB STAYS AT 00:20:59	13	12		!!!				
49	Donohue	Rebecca	f		7	Liverpool Harriers	00:21:52	PB STAYS AT 00:18:34	4	3						
50	Knott	Shane	v35	43		Penny Lane Striders	00:21:57	FIRST TIME	7	1						
51	Peacock	Tony	v60	44			00:21:57 !!!	NEW PB 00:21:57	2	3						
52	Pierce	George	v45	45		Liverpool Running Club	00:22:01	PB STAYS AT 00:19:51	10	8	!!!					
53	Owens	Steven	v35	46			00:22:06	PB STAYS AT 00:20:59	8	17		!!!				
54	Wardle	Tony	v45	47		South Cheshire Harriers	00:22:12	FIRST TIME	11	1						
55	Tomkins	Dave	v65	48		Warrington AC	00:22:24	PB STAYS AT 00:20:53	1	29			!!!			

56	Johnson	Katie	f		8	Penny Lane Striders	00:22:31	FIRST TIME	5	1						
57	Tiger	Sam	fv35		9	Mossley Hill	00:22:38	PB STAYS AT 00:21:39	2	16	!!!			1	4	
58	Charman	Michael	v60	49		Spectrum Striders	00:22:42	PB STAYS AT 00:20:55	3	18	!!!					
59	Bleasdale	Mark	v55	50		Liverpool Pembroke Sefton	00:22:49	PB STAYS AT 00:19:43	3	6	!!!					
60	Carr	Kieron	v40	51		Knowsley Harriers AC	00:22:50 !!!	NEW PB 00:22:50	6	6	!!!					
61	Mills	sharon	f		10	Mossley Hill	00:23:00	FIRST TIME	6	1						
62	Dobie	John	v65	52		Liverpool Pembroke Sefton	00:23:20	PB STAYS AT 00:20:52	2	21			!!!			
63	Owens	Helen	fv40		11	HELSEBY	00:23:23	PB STAYS AT 00:22:28	3	5	!!!					
64	Sergeson	Billy	v45	53		Penny Lane Striders	00:23:32	PB STAYS AT 00:22:37	12	6	!!!					
65	Williams	Anmarie	fv45		12	Penny Lane Striders	00:23:38	FIRST TIME	1	1						
66	Atherton	Dawn	f		13	Knowsley Harriers AC	00:23:41	PB STAYS AT 00:23:37	7	4						
67	Cross	Arthur	v55	54		Knowsley Harriers AC	00:23:45	FIRST TIME	4	1						
68	McElroy	Christopher	v35	55		Mossley Hill	00:23:52	PB STAYS AT 00:23:43	9	3						
69	Jones	Peter	m	56		Mossley Hill	00:24:29	PB STAYS AT 00:20:23	14	4						
70	Darby	Gill	fv50		14	Penny Lane Striders	00:24:43	PB STAYS AT 00:23:28	1	8	!!!			0	1	
71	Maloney	michael	v60	57		Knowsley Harriers AC	00:24:53 !!!	NEW PB 00:24:53	4	2						
72	Nicolson	Daniel	m	58			00:25:04	PB STAYS AT 00:24:34	15	3						
73	Fry	Laurence	v55	59			00:25:16	FIRST TIME	5	1						
74	Pope	Paul	m	60			00:25:19	FIRST TIME	16	1						
75	Ireland	Carl	v40	61			00:25:20	FIRST TIME	7	1						
76	Evans	Mike	v60	62			00:25:22 !!!	NEW PB 00:25:22	5	3						
77	Kelly	Michelle	fv50		15	Penny Lane Striders	00:25:23	PB STAYS AT 00:24:16	2	24			!!!			
78	Windle	Jon	v40	63		Penny Lane Striders	00:25:30	FIRST TIME	8	1						
79	Rigby	Catherine	fv50		16	MOSSLEY HILL	00:25:44	PB STAYS AT 00:24:30	3	7	!!!					
80	Naylor	Jenn	f		17		00:25:47	FIRST TIME	8	1						
81	Meadows	Claire	fv45		18	Penny Lane Striders	00:26:05 !!!	NEW PB 00:26:05	2	2						
82	Davies	Peter	v55	64		Mossley Hill	00:26:15	FIRST TIME	6	1						
83	Bell	Keith	v40	65			00:26:20	FIRST TIME	9	1						
84	Nopondo	Eunice	fv50		19	Penny Lane Striders	00:26:27	PB STAYS AT 00:26:03	4	4						

85	Williams	Carl	v50	66		Knowsley Harriers AC	00:26:42	FIRST TIME	4	1					
86	Mulla	Mohammed	m	67			00:27:12	PB STAYS AT 00:24:46	17	2					
87	Maguire	John	v40	68		Liverpool Running Club	00:27:16	FIRST TIME	10	1					
88	Pascoe	Clare	fv40		20	Knowsley Harriers AC	00:27:47	FIRST TIME	4	1					
89	Wright	Sarah	fv40		21	Knowsley Harriers AC	00:27:49	FIRST TIME	5	1					
90	Carr	Tracey	fv50		22	Knowsley Harriers AC	00:27:53	PB STAYS AT 00:23:34	5	7	!!!				
91	Thornton	Ronald	v70	69			00:28:10 !!!	NEW PB 00:28:10	1	11	!!!				
92	Fisher	Ruth	f		23	Penny Lane Striders	00:28:25	FIRST TIME	9	1					
93	Hargreaves	Billy	v65	70		Southport Waterloo	00:28:36	PB STAYS AT 00:20:47	3	8	!!!			0	1
94	Standish	Ann	fv50		24		00:28:51 !!!	NEW PB 00:28:51	6	2					
95	McDonald	Mary	fv70		25	Mossley Hill	00:29:28	FIRST TIME	1	1					
96	Charman	Stephanie	fv60		26	Spectrum Striders	00:30:44	PB STAYS AT 00:27:54	1	23		!!!		0	1
97	Pritchard	Lisa	fv35		27	Mossley Hill	00:30:59	FIRST TIME	3	1					
98	Williams	Michelle	fv45		28	Mossley Hill	00:30:59	PB STAYS AT 00:26:44	3	17	!!!			0	1
99	Atkins	Mandy	fv45		29	Liverpool Running Club	00:32:32	FIRST TIME	4	1					
100	Atherton	Stuart	m	71		Knowsley Harriers AC	00:32:33	PB STAYS AT 00:28:26	18	2					
101	Williams	Lesley	fv45		30	Knowsley Harriers AC	00:34:34	FIRST TIME	5	1					
102	Jones	Neville	v75	72		Warrington AC	00:38:02	PB STAYS AT 00:29:33	1	18	!!!				
103	Williams	Saskia	fu13		31	Knowsley Harriers AC	00:39:39	FIRST TIME	1	1					
104	Williams	Tasha	f		32	Knowsley Harriers AC	00:49:49	FIRST TIME	10	1					